

Girls 100 Meter Dash

| Name | Year | School | Seed | Finals | H# | Points |
|--------|---------------------|-----------------|-------|--------|----|--------|
| Finals | | | | | | |
| 1 | Hope Schueller | 12 St. Cloud Ca | 12.68 | 12.86 | 3 | 10 |
| 2 | Lydia Prokott | 9 Royalton | 12.85 | 13.14 | 3 | 8 |
| 3 | Aurora Walberg | 10 Royalton | 13.21 | 13.25 | 3 | 6 |
| 4 | Corrina Tvedt | 12 Hinckley-Fin | 13.34 | 13.31 | 3 | 5 |
| 5 | Claire Gruber | 9 Pierz | 13.42 | 13.41 | 3 | 4 |
| 6 | Amelia Newiger | 8 St. Cloud Ca | 13.63 | 13.44 | 3 | 3 |
| 7 | Claire Prokott | 11 Royalton | 13.23 | 13.56 | 3 | 2 |
| 8 | Ashlynn Giffrow | 12 Braham | 13.99 | 13.80 | 2 | 1 |
| 9 | Rose Marlette | 9 St. Cloud Ca | 14.67 | 13.88 | 2 | |
| 10 | Avery Gruber | 10 Pierz | 14.10 | 14.09 | 2 | 14.081 |
| 11 | Maddie Lochner | 11 Pierz | 13.95 | 14.09 | 3 | 14.087 |
| 12 | Violet Cox | 10 Hinckley-Fin | 14.04 | 14.26 | 2 | |
| 13 | Makenzie Golly | 9 Braham | 14.46 | 14.43 | 2 | |
| 14 | Grace Waknitz | 11 Braham | 15.16 | 14.83 | 2 | |
| 15 | Nevaeh Merrill | 12 Mille Lacs | 15.28 | 14.96 | 1 | |
| 16 | Veronica Klassen | 12 Northwest Ni | 15.64 | 15.09 | 1 | |
| 17 | Ella Janssen | 8 Rush City | | 15.10 | 1 | |
| 18 | Sophia Gutknecht | 11 East Central | 15.04 | 15.16 | 2 | |
| 19 | McKenzie Ludwig | 12 East Central | 14.44 | 15.36 | 2 | |
| 20 | Emily Perslin | 12 Rush City | 17.13 | 15.50 | 1 | |
| 21 | Willow Habdas | 12 East Central | 15.34 | 15.97 | 1 | |
| 22 | Katie Westrich | 12 Northwest Ni | 17.54 | 17.48 | 1 | |
| 23 | Marleen Nieuwenhuis | 11 Rush City | 17.25 | 17.49 | 1 | |

Girls 200 Meter Dash

| Name | Year | School | Seed | Finals | H# | Points |
|------|------------------|-----------------|-------|--------|----|--------|
| 1 | Hope Schueller | 12 St. Cloud Ca | 26.47 | 26.75 | 3 | 10 |
| 2 | Ella Doble | 12 Braham | 27.14 | 26.84 | 3 | 8 |
| 3 | Kayla Sexton | 12 St. Cloud Ca | 27.77 | 27.25 | 3 | 6 |
| 4 | Aurora Walberg | 10 Royalton | 27.21 | 27.32 | 3 | 5 |
| 5 | Erika Salaski | 9 St. Cloud Ca | 26.94 | 27.37 | 3 | 4 |
| 6 | Lydia Prokott | 9 Royalton | 27.70 | 28.03 | 3 | 3 |
| 7 | Claire Gruber | 9 Pierz | 27.78 | 28.11 | 3 | 2 |
| 8 | Mahalia Algarin | 10 Pierz | 28.49 | 28.12 | 2 | 1 |
| 9 | Claire Prokott | 11 Royalton | 28.01 | 28.63 | 3 | |
| 10 | Kara Bakke | 12 Pierz | 29.37 | 28.90 | 2 | |
| 11 | Bridget Golly | 9 Braham | 29.50 | 29.71 | 2 | |
| 12 | ZoeAnn Claseman | 7 Braham | 30.10 | 29.92 | 2 | |
| 13 | McKenzie Ludwig | 12 East Central | 31.24 | 30.84 | 2 | |
| 14 | Violet Cox | 10 Hinckley-Fin | 30.56 | 30.85 | 2 | |
| 15 | Sophia Gutknecht | 11 East Central | 32.45 | 31.77 | 1 | |
| 16 | Emily Perslin | 12 Rush City | 32.80 | 32.69 | 1 | |
| 17 | Taya Brown | 7 Rush City | 34.48 | 33.22 | 1 | |
| 18 | Miah Keller | 10 Hinckley-Fin | 33.94 | 33.38 | 1 | |
| 19 | Megan Widell | 9 Rush City | 32.05 | 33.90 | 2 | |
| 20 | Willow Habdas | 12 East Central | 34.54 | 34.82 | 1 | |
| 21 | Valesca Laux | 10 Hinckley-Fin | 32.12 | 36.95 | 2 | |

Girls 400 Meter Dash

| Name | Year | School | Seed | Finals | H# | Points | | |
|------|---------|------------|------|--------------|---------|---------|---|----|
| 1 | Corrina | Tvedt | 12 | Hinckley-Fin | 1:01.63 | 1:01.40 | 3 | 10 |
| 2 | Julia | Vega | 9 | St. Cloud Ca | 1:02.20 | 1:02.99 | 3 | 8 |
| 3 | Cecilia | Jamison | 7 | St. Cloud Ca | 1:03.92 | 1:04.01 | 3 | 6 |
| 4 | Taylor | Bourgoine | 9 | Northwest Ni | 1:03.31 | 1:04.04 | 3 | 5 |
| 5 | Mahalia | Algarin | 10 | Pierz | 1:04.34 | 1:04.52 | 3 | 4 |
| 6 | ZoeAnn | Claseman | 7 | Braham | 1:08.78 | 1:06.90 | 2 | 3 |
| 7 | Kate | Hoheisel | 7 | Pierz | 1:08.26 | 1:07.21 | 3 | 2 |
| 8 | Sophia | Watrin | 8 | East Central | 1:08.54 | 1:09.41 | 3 | 1 |
| 9 | Emily | Davis | 9 | Braham | 1:08.55 | 1:09.49 | 3 | |
| 10 | Sarah | Bolton | 10 | St. John's P | 1:12.27 | 1:10.54 | 2 | |
| 11 | Mckenna | Rabe | 9 | Hinckley-Fin | 1:09.87 | 1:12.37 | 2 | |
| 12 | Keira | Savely | 9 | Rush City | 1:10.76 | 1:14.06 | 2 | |
| 13 | Leah | Stavig | 9 | Rush City | 1:15.41 | 1:15.83 | 2 | |
| 14 | Abigail | Roering | 9 | Royalton | | 1:17.16 | 1 | |
| 15 | Grace | Hutchinson | 11 | Northwest Ni | 1:18.69 | 1:18.70 | 2 | |
| 16 | Heidi | Gregoire | 10 | Rush City | 1:20.36 | 1:20.96 | 1 | |
| 17 | Arianne | Norberg | 11 | Royalton | 1:24.51 | 1:29.38 | 1 | |

Girls 800 Meter Run

| Name | Year | School | Seed | Finals | H# | Points | | |
|------|-----------|-------------|------|--------------|---------|---------|---|----|
| 1 | Chloe | Lochner | 9 | Pierz | 2:22.34 | 2:23.84 | 2 | 10 |
| 2 | Julia | Kuhnke | 12 | Braham | 2:22.78 | 2:24.90 | 2 | 8 |
| 3 | Sara | Reuter | 12 | St. Cloud Ca | 2:26.36 | 2:33.40 | 2 | 6 |
| 4 | Tania | Rachidi | 12 | St. John's P | 2:35.00 | 2:33.42 | 2 | 5 |
| 5 | Katherine | Reuter | 9 | St. Cloud Ca | 2:39.86 | 2:36.50 | 2 | 4 |
| 6 | Sophie | Leidenfrost | 9 | Pierz | 2:35.63 | 2:38.58 | 2 | 3 |
| 7 | Katie | Calcamuggio | 9 | Northwest Ni | 2:45.45 | 2:39.05 | 1 | 2 |
| 8 | Amanda | Calcamuggio | 12 | Northwest Ni | 2:42.88 | 2:40.02 | 2 | 1 |
| 9 | Morgan | Litke | 9 | Pierz | 2:40.57 | 2:42.06 | 2 | |
| 10 | Ava | Johnson | 10 | Braham | 2:41.79 | 2:44.12 | 2 | |
| 11 | Lyla | Bourgoine | 8 | Northwest Ni | 2:34.19 | 2:44.18 | 2 | |
| 12 | Claudia | Ruzanic | 7 | St. John's P | 2:53.10 | 2:50.42 | 1 | |
| 13 | Clara | Niessen | 7 | Rush City | 2:58.00 | 2:53.36 | 1 | |
| 14 | Liz | Schleis | 9 | Mille Lacs | 2:52.45 | 2:56.93 | 1 | |
| 15 | Kaylee | Doffing | 10 | Ogilvie | 2:52.52 | 2:57.54 | 1 | |
| 16 | Abigail | Roering | 9 | Royalton | 2:54.79 | 3:03.65 | 1 | |
| 17 | Tara | Thomas | 8 | Rush City | 3:14.32 | 3:21.79 | 1 | |
| 18 | Arianne | Norberg | 11 | Royalton | | 3:50.35 | 1 | |
| 19 | Isabelle | Harer | 9 | Rush City | 3:23.71 | 4:05.17 | 1 | |

Girls 1600 Meter Run

| Name | Year | School | Seed | Finals | Points | | |
|------|-------------|-----------|------|--------------|---------|---------|----|
| 1 | Olivia | Pauly | 11 | St. John's P | 5:04.66 | 5:08.62 | 10 |
| 2 | Lilly | Jamison | 9 | St. Cloud Ca | 5:35.63 | 5:47.57 | 8 |
| 3 | Sofia | Pauly | 8 | St. John's P | 6:02.68 | 5:58.19 | 6 |
| 4 | Haley | Geiger | 10 | Hinckley-Fin | 5:57.11 | 6:03.43 | 5 |
| 5 | Maria Jose | Plotts | 11 | Northwest Ni | 6:23.80 | 6:05.54 | 4 |
| 6 | Avila | Burch | 8 | East Central | 5:54.75 | 6:12.04 | 3 |
| 7 | Emma | Kowalczyk | 9 | Pierz | 6:17.00 | 6:13.73 | 2 |
| 8 | Isabella | Bennett | 11 | Hinckley-Fin | 6:04.54 | 6:14.38 | 1 |
| 9 | Billie Maye | Pohlkamp | 10 | Pierz | 6:21.63 | 6:16.15 | |
| 10 | Clara | Niessen | 7 | Rush City | 6:10.17 | 6:17.16 | |
| 11 | Liz | Schleis | 9 | Mille Lacs | 6:25.67 | 6:30.32 | |
| 12 | Sequora | Hahn | 9 | Rush City | 6:48.31 | 6:35.54 | |
| 13 | Meredith | Gundale | 8 | Northwest Ni | 6:58.24 | 6:40.69 | |
| 14 | Kaylee | Doffing | 10 | Ogilvie | 6:32.58 | 6:41.17 | |
| 15 | Addison | Przybilla | 7 | Pierz | 6:48.24 | 6:54.14 | |

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|----------------------|-----------------|---------|---------|
| 16 Abby Schultz | 12 St. Cloud Ca | 6:49.85 | 7:01.48 |
| 17 Isabella Schisano | 7 Rush City | 7:20.33 | 7:11.16 |
| 18 Lauren Thom | 10 Hinckley-Fin | 6:40.24 | 7:12.09 |

Girls 3200 Meter Run

| Name | Year School | Seed | Finals | Points |
|-------------------|-----------------|----------|----------|--------|
| 1 Clara Schad | 11 St. Cloud Ca | 11:50.79 | 11:43.07 | 10 |
| 2 Kendra Swanson | 8 Northwest Ni | 11:52.97 | 11:52.19 | 8 |
| 3 Louise Ruzanic | 10 St. John's P | 12:20.72 | 11:57.02 | 6 |
| 4 Lilly Jamison | 9 St. Cloud Ca | 12:22.14 | 12:31.02 | 5 |
| 5 Ella Heen | 10 St. Cloud Ca | 12:46.55 | 12:38.45 | 4 |
| 6 Salina Michael | 9 Northwest Ni | 12:35.30 | 12:39.68 | 3 |
| 7 Jemi Keranen | 12 East Central | 12:54.34 | 12:45.66 | 2 |
| 8 Carissa Andres | 12 Pierz | 12:20.86 | 12:48.20 | 1 |
| 9 Quinn Gruber | 7 Pierz | 12:38.14 | 13:02.09 | |
| 10 Avery Shockman | 9 Braham | 13:51.35 | 14:24.01 | |

Girls 100 Meter Hurdles

| Name | Year School | Seed | Finals | H# | Points |
|----------------------|-----------------|-------|--------|----|--------|
| 1 Ashley Kimman | 12 Pierz | 15.44 | 15.49 | 3 | 10 |
| 2 Lydia Bengtson | 11 Rush City | 17.45 | 17.80 | 3 | 8 |
| 3 Alexys Hanneken | 10 Pierz | 18.14 | 17.89 | 3 | 6 |
| 4 Emma Jamison | 10 St. Cloud Ca | 19.24 | 18.29 | 3 | 5 |
| 5 Mary Watry | 10 St. Cloud Ca | 18.24 | 18.59 | 3 | 4 |
| 6 Alayna Heintz | 9 Rush City | 20.05 | 19.34 | 3 | 3 |
| 7 Kyah Springer | 10 East Central | 19.34 | 19.49 | 3 | 2 |
| 8 Baley Bueckers | 11 Royalton | 19.67 | 19.64 | 3 | 1 |
| 9 Jenna Hoheisel | 11 Pierz | 20.39 | 19.95 | 2 | |
| 10 Emily Blomdahl | 7 Braham | 22.29 | 20.36 | 2 | |
| 11 Catherine Colberg | 9 St. Cloud Ca | 20.40 | 20.48 | 2 | |
| 12 Keira Savely | 9 Rush City | 20.20 | 20.53 | 2 | |
| 13 June Schleis | 10 Mille Lacs | 20.30 | 20.54 | 2 | |
| 14 Haylie Wolbeck | 9 Royalton | | 21.23 | 1 | |
| 15 Mallory Hartl | 10 East Central | 23.02 | 21.53 | 1 | |
| 16 Rihanna Smith | 10 Mille Lacs | 23.98 | 23.73 | 1 | |

Girls 300 Meter Hurdles

| Name | Year School | Seed | Finals | H# | Points |
|------------------------|-----------------|---------|---------|----|--------|
| 1 Ashley Kimman | 12 Pierz | 47.90 | 49.45 | 3 | 10 |
| 2 Evalie Gall | 9 Pierz | 52.33 | 50.82 | 3 | 8 |
| 3 Emma Jamison | 10 St. Cloud Ca | 52.79 | 51.13 | 3 | 6 |
| 4 Lily Winters | 12 Northwest Ni | 53.38 | 52.85 | 3 | 5 |
| 5 Mary Watry | 10 St. Cloud Ca | 55.18 | 52.97 | 3 | 4 |
| 6 Lydia Bengtson | 11 Rush City | 54.00 | 53.96 | 3 | 3 |
| 7 Jenna Hoheisel | 11 Pierz | 56.24 | 55.30 | 3 | 2 |
| 8 Kendra Heintz | 7 Rush City | 55.15 | 56.27 | 3 | 1 |
| 9 Kyah Springer | 10 East Central | 58.64 | 56.90 | 2 | |
| 10 Emily Blomdahl | 7 Braham | 57.75 | 57.06 | 2 | |
| 11 Rebecca Burgraff | 9 Ogilvie | 57.97 | 59.14 | 2 | |
| 12 Baley Bueckers | 11 Royalton | | 59.61 | 1 | |
| 13 Alison Shockman | 12 Braham | 58.64 | 1:00.73 | 2 | |
| 14 June Schleis | 10 Mille Lacs | 1:01.15 | 1:01.77 | 2 | |
| 15 Catherine Colberg | 9 St. Cloud Ca | 1:04.60 | 1:03.20 | 1 | |
| 16 Mallory Hartl | 10 East Central | 1:04.00 | 1:04.11 | 2 | |
| 17 Marleen Nieuwenhuis | 11 Rush City | 1:24.66 | 1:14.34 | 1 | |

Girls 4x100 Meter Relay

| School | Seed | Finals | Points |
|-----------------------|------------------------|---------|--------|
| 1 Royalton | 53.15 | 51.53 | 10 |
| 1) Claire Prokott 11 | 2) Mya Yourczek 12 | | |
| 3) Aurora Walberg 10 | 4) Lydia Prokott 9 | | |
| 2 St. Cloud Cathedral | 52.65 | 52.22 | 8 |
| 1) Erika Salaski 9 | 2) Kayla Sexton 12 | | |
| 3) Amelia Newiger 8 | 4) Maddie Halstrom 11 | | |
| 3 Pierz | 53.57 | 52.56 | 6 |
| 1) Avery Gruber 10 | 2) Mataya Pohlkamp 9 | | |
| 3) Ashley Kimman 12 | 4) Alexys Hanneken 10 | | |
| 4 East Central | 1:00.54 | 58.85 | 4 |
| 1) McKenzie Ludwig 12 | 2) Kyah Springer 10 | | |
| 3) Heaven Bradshaw 8 | 4) Sophia Gutknecht 11 | | |
| 5 Rush City | 59.43 | 59.20 | 3 |
| 1) Emily Perslin 12 | 2) Ava Nichols 11 | | |
| 3) Mikayla Ertz 11 | 4) Alayna Heintz 9 | | |
| 6 Mille Lacs | 1:00.14 | 1:02.34 | 2 |
| 1) Ava Rogers 9 | 2) Audrey Pederson 9 | | |
| 3) Nevaeh Gesell 9 | 4) Nevaeh Merrill 12 | | |
| 7 Braham | 53.53 | 1:03.53 | 1 |
| 1) Ella Doble 12 | 2) Bridget Golly 9 | | |
| 3) Ashlynn Giffrow 12 | 4) Julia Kuhnke 12 | | |

Girls 4x200 Meter Relay

| School | Seed | Finals | Points |
|------------------------|------------------------|---------|--------|
| 1 St. Cloud Cathedral | 1:49.84 | 1:48.34 | 10 |
| 1) Erika Salaski 9 | 2) Maddie Halstrom 11 | | |
| 3) Kayla Sexton 12 | 4) Hope Schueller 12 | | |
| 2 Pierz | 1:52.21 | 1:52.27 | 8 |
| 1) Evalie Gall 9 | 2) Maddie Lochner 11 | | |
| 3) Kara Bakke 12 | 4) Claire Gruber 9 | | |
| 3 Braham | 2:00.00 | 1:59.31 | 6 |
| 1) Makenzie Golly 9 | 2) Bridget Golly 9 | | |
| 3) Alison Shockman 12 | 4) Ashlynn Giffrow 12 | | |
| 4 Ogilvie | 2:04.52 | 2:04.82 | 4 |
| 1) Olivia Nelson 11 | 2) Rebecca Burgraff 9 | | |
| 3) Bailey Parsons 9 | 4) Alexys Nehring 11 | | |
| 5 Rush City | 2:07.02 | 2:08.16 | 3 |
| 1) Taya Brown 7 | 2) Ava Nichols 11 | | |
| 3) Megan Widell 9 | 4) Alayna Heintz 9 | | |
| 6 Northwest Nighthawks | 2:08.54 | 2:12.99 | 2 |
| 1) Brenna Lundy 12 | 2) Veronica Klassen 12 | | |
| 3) Katie Westrich 12 | 4) Grace Hutchinson 11 | | |

Girls 4x400 Meter Relay

| School | Seed | Finals | Points |
|-------------------------|-----------------------|---------|--------|
| 1 St. Cloud Cathedral | 4:08.70 | 4:12.25 | 10 |
| 1) Liz Felix 12 | 2) Cecilia Jamison 7 | | |
| 3) Addie Mondloch 9 | 4) Julia Vega 9 | | |
| 2 Pierz | 4:19.34 | 4:21.97 | 8 |
| 1) Sophie Leidenfrost 9 | 2) Mahalia Algarin 10 | | |
| 3) Evalie Gall 9 | 4) Chloe Lochner 9 | | |
| 3 Braham | 4:22.00 | 4:30.70 | 6 |
| 1) Ella Doble 12 | 2) Makenzie Golly 9 | | |
| 3) Emily Davis 9 | 4) Julia Kuhnke 12 | | |
| 4 East Central | 4:45.78 | 4:44.88 | 4 |
| 1) Arabella Presley 10 | 2) Sophia Watrin 8 | | |

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|--------------------------|------------------------|---------|---------|---|
| 3) Avila Burch 8 | 4) Jemi Keranen 12 | | | |
| 5 Northwest Nighthawks | | 4:55.89 | 4:46.01 | 3 |
| 1) Amanda Calcamuggio 12 | 2) Meredith Gundale 8 | | | |
| 3) Brenna Lundy 12 | 4) Katie Calcamuggio 9 | | | |
| 6 Rush City | | 4:58.20 | 4:53.53 | 2 |
| 1) Keira Savely 9 | 2) Clara Niessen 7 | | | |
| 3) Ella Janssen 8 | 4) Lydia Bengtson 11 | | | |
| 7 Hinckley-Finlayson | | 4:51.14 | 5:03.71 | 1 |
| 1) Haley Geiger 10 | 2) Lauren Thom 10 | | | |
| 3) Isabella Bennett 11 | 4) Mckenna Rabe 9 | | | |

Girls 4x800 Meter Relay

| School | Seed | Finals | Points |
|-------------------------|------------------------|----------|--------|
| 1 St. Cloud Cathedral | 9:49.20 | 10:15.98 | 10 |
| 1) Liz Felix 12 | 2) Addie Mondloch 9 | | |
| 3) Sara Reuter 12 | 4) Clara Schad 11 | | |
| 2 Northwest Nighthawks | 10:22.93 | 10:19.15 | 8 |
| 1) Lyla Bourgoine 8 | 2) Kendra Swanson 8 | | |
| 3) Salina Michael 9 | 4) Taylor Bourgoine 9 | | |
| 3 Pierz | 10:53.00 | 10:43.79 | 6 |
| 1) Kaleah Olesch 12 | 2) Clara Tax 9 | | |
| 3) Sophie Leidenfrost 9 | 4) Morgan Litke 9 | | |
| 4 Braham | 11:15.00 | 11:30.88 | 4 |
| 1) Ava Johnson 10 | 2) Avery Shockman 9 | | |
| 3) Alison Shockman 12 | 4) Emily Davis 9 | | |
| 5 Rush City | 13:11.70 | 12:48.33 | 3 |
| 1) Leah Stavig 9 | 2) Sequora Hahn 9 | | |
| 3) Tara Thomas 8 | 4) Isabella Schisano 7 | | |

Girls High Jump

| Name | Year School | Seed | Finals | Points |
|------------------------------------|-----------------|---------|---------|--------|
| 1 Ashley Kimman | 12 Pierz | 5-04.00 | 5-02.00 | 10 |
| 4-04 4-06 4-08 4-10 5-00 5-02 5-04 | | | | |
| P P O O O O XXX | | | | |
| 2 Isabella Olson | 12 East Central | 5-00.00 | 5-02.00 | 8 |
| 4-04 4-06 4-08 4-10 5-00 5-02 5-04 | | | | |
| P P O O O XO XXX | | | | |
| 3 Aurora Walberg | 10 Royalton | 5-02.00 | 5-02.00 | 6 |
| 4-04 4-06 4-08 4-10 5-00 5-02 5-04 | | | | |
| O O O O O XXO XXX | | | | |
| 4 Kendra Heintz | 7 Rush City | 4-10.00 | 5-00.00 | 5 |
| 4-04 4-06 4-08 4-10 5-00 5-02 | | | | |
| O O O XO XO XXX | | | | |
| 5 Haylie Wolbeck | 9 Royalton | 5-02.00 | 4-10.00 | 4 |
| 4-04 4-06 4-08 4-10 5-00 | | | | |
| O O XO O XXX | | | | |
| 6 Svea Carlson | 12 Mille Lacs | 4-10.00 | 4-10.00 | 3 |
| 4-04 4-06 4-08 4-10 5-00 | | | | |
| O O O XO XXX | | | | |
| 7 Greta Peterson | 11 St. Cloud Ca | 5-02.00 | 4-08.00 | 2 |
| 4-04 4-06 4-08 4-10 | | | | |
| P O O XXX | | | | |
| 8 Rose Marlette | 9 St. Cloud Ca | 4-08.00 | 4-08.00 | 1 |
| 4-04 4-06 4-08 4-10 | | | | |
| O XXO XO XXX | | | | |
| 9 Alexys Nehring | 11 Ogilvie | 4-08.00 | 4-06.00 | |
| 4-04 4-06 4-08 | | | | |
| XO XXO XXX | | | | |
| 10 Morgan Litke | 9 Pierz | 4-04.00 | 4-04.00 | |

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|------------------|----------------|---------|---------|--|
| 4-04 4-06 | | | | |
| XO XXX | | | | |
| 11 Grace Nicoll | 9 St. Cloud Ca | 4-04.00 | 4-04.00 | |
| 4-04 4-06 | | | | |
| XXO XXX | | | | |
| 11 Kara Bakke | 12 Pierz | 4-06.00 | 4-04.00 | |
| 4-04 4-06 | | | | |
| XXO XXX | | | | |
| -- Clara Niessen | 7 Rush City | 4-06.00 | NH | |
| 4-04 | | | | |
| XXX | | | | |

Girls Pole Vault

| Name | Year School | Seed | Finals | Points |
|---|-----------------|---------|---------|--------|
| 1 Svea Carlson | 12 Mille Lacs | 9-00.00 | 9-02.00 | 10 |
| 6-02 6-08 7-02 7-08 8-02 8-08 9-02 9-08 | | | | |
| P P XO O O XXO O XXX | | | | |
| 2 Eden Andres | 10 Pierz | 9-00.00 | 8-02.00 | 8 |
| 6-02 6-08 7-02 7-08 8-02 8-08 | | | | |
| P P O O O XXX | | | | |
| 3 Mikayla Ertz | 11 Rush City | 9-00.00 | 7-08.00 | 6 |
| 6-02 6-08 7-02 7-08 8-02 | | | | |
| O O O O XXX | | | | |
| 4 Mary Watry | 10 St. Cloud Ca | 8-02.00 | 7-08.00 | 5 |
| 6-02 6-08 7-02 7-08 8-02 | | | | |
| P XO O O XXX | | | | |
| 5 Arabella Presley | 10 East Central | 7-07.00 | 7-08.00 | 4 |
| 6-02 6-08 7-02 7-08 8-02 | | | | |
| O O XXO XO XXX | | | | |
| 6 Emily Davis | 9 Braham | 7-00.00 | 7-02.00 | 3 |
| 6-02 6-08 7-02 7-08 | | | | |
| O O O XXX | | | | |
| 7 Makenzie Golly | 9 Braham | 7-06.00 | 7-02.00 | 2 |
| 6-02 6-08 7-02 7-08 | | | | |
| XO O O XXX | | | | |
| 8 Isabella Bennett | 11 Hinckley-Fin | 7-00.00 | 7-02.00 | 1 |
| 6-02 6-08 7-02 7-08 | | | | |
| XO XO XXO XXX | | | | |
| 9 Keira Savely | 9 Rush City | 6-06.00 | 6-08.00 | |
| 6-02 6-08 7-02 | | | | |
| O O XXX | | | | |
| 10 Tara Thomas | 8 Rush City | 6-03.00 | 6-02.00 | |
| 6-02 6-08 | | | | |
| O XXX | | | | |
| 10 Emmy Baggenstoss | 11 St. Cloud Ca | 5-00.00 | 6-02.00 | |
| 6-02 6-08 | | | | |
| O XXX | | | | |
| -- Ava Torborg | 12 St. Cloud Ca | 7-06.00 | DNS | |
| -- Abigail Virnig | 9 Pierz | 9-00.00 | DNS | |

Girls Long Jump

| Name | Year School | Seed | Finals | H# | Points |
|------------------|-----------------|----------|----------|----|--------|
| 1 Corrina Tvedt | 12 Hinckley-Fin | 15-05.00 | 15-08.50 | 2 | 10 |
| 2 Ella Doble | 12 Braham | 15-11.50 | 15-06.75 | 2 | 8 |
| 3 Mara Wahlin | 10 St. Cloud Ca | 13-10.00 | 15-03.75 | 1 | 6 |
| 4 Maddie Lochner | 11 Pierz | 15-10.00 | 15-00.75 | 2 | 5 |
| 5 Alexys Nehring | 11 Ogilvie | 15-02.75 | 14-10.50 | 2 | 4 |
| 6 Destinee Jones | 10 St. Cloud Ca | 14-11.25 | 14-06.75 | 2 | 3 |
| 7 Haylie Wolbeck | 9 Royalton | 15-01.25 | 14-03.75 | 2 | 2 |

| | | | | | | | |
|----|-----------------|----|--------------|----------|----------|---|---|
| 8 | Heaven Bradshaw | 8 | East Central | 12-07.00 | 14-02.00 | 1 | 1 |
| 9 | ZoeAnn Claseman | 7 | Braham | 13-08.00 | 14-01.00 | 1 | |
| 10 | Lydia Bengtson | 11 | Rush City | 14-11.00 | 14-00.00 | 2 | |
| 11 | Alayna Heintz | 9 | Rush City | 14-11.25 | 13-08.00 | 2 | |
| 12 | Madelyn Kessler | 9 | Pierz | 13-04.50 | 13-07.00 | 1 | |
| 13 | Claire Prokott | 11 | Royalton | 14-09.50 | 13-05.75 | 2 | |
| 14 | Olivia Wahlin | 10 | St. Cloud Ca | 13-06.25 | 13-05.25 | 1 | |
| 15 | Mataya Pohlkamp | 9 | Pierz | 13-04.75 | 13-03.25 | 1 | |
| 16 | Kendra Heintz | 7 | Rush City | 14-02.25 | 13-02.50 | 1 | |
| 17 | Violet Cox | 10 | Hinckley-Fin | 14-09.50 | 13-01.25 | 2 | |
| 18 | Grace Waknitz | 11 | Braham | 13-01.00 | 12-08.00 | 1 | |
| -- | Azzy Damann | 11 | Hinckley-Fin | 11-02.00 | ND | 1 | |

Girls Triple Jump

| Name | Year | School | Seed | Finals | Points | |
|------|---------------------|--------|--------------|----------|----------|----|
| 1 | Mya Yourczek | 12 | Royalton | 34-04.25 | 34-04.00 | 10 |
| 2 | Destinee Jones | 10 | St. Cloud Ca | 31-10.75 | 33-06.75 | 8 |
| 3 | Kendra Heintz | 7 | Rush City | 33-03.25 | 32-05.75 | 6 |
| 4 | Mara Wahlin | 10 | St. Cloud Ca | 32-02.00 | 31-11.00 | 5 |
| 5 | Maddie Lochner | 11 | Pierz | 31-01.50 | 31-00.50 | 4 |
| 6 | Isabella Olson | 12 | East Central | 29-11.25 | 30-07.00 | 3 |
| 7 | Bridget Golly | 9 | Braham | 30-07.25 | 30-01.00 | 2 |
| 8 | Kadynce Theis | 10 | Pierz | 29-09.50 | 30-01.00 | 1 |
| 9 | Kara Bakke | 12 | Pierz | 29-10.50 | 29-11.75 | |
| 10 | Olivia Wahlin | 10 | St. Cloud Ca | 29-01.00 | 28-05.75 | |
| 11 | Leah Stavig | 9 | Rush City | 27-11.00 | 27-10.00 | |
| 12 | Arabella Presley | 10 | East Central | 25-10.00 | 27-05.00 | |
| 13 | Alison Shockman | 12 | Braham | 29-09.25 | 26-09.50 | |
| -- | Marleen Nieuwenhuis | 11 | Rush City | 23-08.50 | ND | |

Girls Shot Put

| Name | Year | School | Seed | Finals | H# | Points |
|------|---------------------|--------|--------------|----------|----------|--------|
| 1 | Mya Yourczek | 12 | Royalton | 35-00.00 | 34-01.25 | 2 10 |
| 2 | Allison Skiba | 11 | Pierz | 31-02.00 | 32-00.25 | 2 8 |
| 3 | Gracie Hartl | 11 | East Central | 34-06.50 | 31-08.00 | 2 6 |
| 4 | Beverly Rentz | 8 | Pierz | 29-05.00 | 29-09.75 | 2 5 |
| 5 | Abby Biniek | 12 | Mille Lacs | 30-10.50 | 29-05.50 | 2 4 |
| 6 | Ava Halvorson | 10 | Ogilvie | 30-06.25 | 28-11.25 | 2 3 |
| 7 | Julia Kuhnke | 12 | Braham | 32-04.00 | 28-11.00 | 2 2 |
| 8 | Keira Gray | 9 | Pierz | 29-09.50 | 28-09.00 | 2 1 |
| 9 | Samantha Widell | 12 | Rush City | 29-07.00 | 28-06.25 | 2 |
| 10 | Olivia Gray | 12 | Mille Lacs | 30-01.75 | 26-05.00 | 2 |
| 11 | Mikayla Ertz | 11 | Rush City | 26-11.00 | 25-11.00 | 2 |
| 12 | Sophia Halvorson | 8 | Ogilvie | 26-01.00 | 25-06.00 | 1 |
| 13 | Lauren Martinson | 8 | St. John's P | 23-07.25 | 22-08.75 | 1 |
| 14 | Mirtnesh O'Neal | 10 | St. Cloud Ca | 23-04.00 | 22-06.00 | 1 |
| 15 | Ivie Beutel | 10 | Hinckley-Fin | 22-08.25 | 21-10.00 | 1 |
| 16 | Mya Schibonski | 12 | St. Cloud Ca | 21-06.25 | 21-08.25 | 1 |
| 17 | Michaelene Chlebeck | 10 | East Central | 20-02.25 | 21-04.75 | 1 |
| 18 | Mercy Foore-Koenig | 12 | East Central | 23-03.50 | 21-04.25 | 1 |
| 19 | Emily Primus | 10 | St. Cloud Ca | 23-08.50 | 21-04.00 | 1 |
| 20 | Baley Bueckers | 11 | Royalton | 20-10.00 | 19-00.50 | 1 |
| 21 | Evelyn Klein | 12 | Hinckley-Fin | 19-00.00 | 17-01.75 | 1 |
| -- | Marissa Wickeham | 10 | Braham | 20-10.75 | ND | 1 |

Girls Discus Throw

| Name | Year | School | Seed | Finals | H# | Points |
|------|------|--------|------|--------|----|--------|
|------|------|--------|------|--------|----|--------|

| | | | | | |
|-----------------------|-----------------|----------|----------|---|----|
| 1 Allison Skiba | 11 Pierz | 87-09 | 95-01 | 2 | 10 |
| 2 Alexys Nehring | 11 Ogilvie | 86-04 | 92-08 | 2 | 8 |
| 3 Gracie Hartl | 11 East Central | 85-05 | 92-06 | 2 | 6 |
| 4 Abby Biniek | 12 Mille Lacs | 88-07 | 90-01 | 2 | 5 |
| 5 Beverly Rentz | 8 Pierz | 91-03 | 88-04 | 2 | 4 |
| 6 Ava Halvorson | 10 Ogilvie | 93-06 | 87-02 | 2 | 3 |
| 7 Olivia Gray | 12 Mille Lacs | 83-06 | 86-00 | 2 | 2 |
| 8 Payton Stangl | 10 Pierz | 87-05 | 85-05 | 2 | 1 |
| 9 Mikayla Ertz | 11 Rush City | 69-07 | 75-00 | 1 | |
| 10 Samantha Widell | 12 Rush City | 73-02 | 66-02.75 | 2 | |
| 11 Mirtnesh O'Neal | 10 St. Cloud Ca | 68-08 | 65-00.25 | 1 | |
| 12 Mercy Foore-Koenig | 12 East Central | 69-00 | 62-01 | 1 | |
| 13 Lauren Martinson | 8 St. John's P | 60-09 | 61-11.50 | 1 | |
| 14 Sophia Halvorson | 8 Ogilvie | 76-05 | 61-08.50 | 2 | |
| 15 Ashlynn Giffrow | 12 Braham | 77-09 | 61-01.25 | 2 | |
| 16 Ivie Beutel | 10 Hinckley-Fin | 66-05.25 | 55-04.25 | 1 | |
| 17 Emily Warring | 12 Rush City | 56-10.50 | 54-07.25 | 1 | |
| 18 Mya Schibonski | 12 St. Cloud Ca | 54-08 | 51-08 | 1 | |
| 19 Ella Prokott | 7 Royalton | 68-05 | 48-06.50 | 1 | |
| 20 Kaylee Hoheisel | 7 Royalton | 45-00 | 45-04 | 1 | |
| 21 Brooke Clennon | 10 East Central | 47-05 | 44-10 | 1 | |
| 22 Jasmine Chapman | 7 Royalton | 35-06 | 37-05 | 1 | |
| 23 Evelyn Klein | 12 Hinckley-Fin | 36-05 | 36-02.50 | 1 | |

Boys 100 Meter Dash

| Name | Year | School | Seed | Finals | H# | Points |
|-----------------------------|------|--------------|-------|--------|----|--------|
| 1 Derek Stangl | 12 | Pierz | 11.49 | 11.46 | 4 | 10 |
| 11.454 | | | | | | |
| 2 Patch Gustafson | 12 | East Central | 11.40 | 11.46 | 4 | 8 |
| 11.460 | | | | | | |
| 3 Andrew Thole | 12 | Rush City | 11.91 | 11.88 | 4 | 6 |
| 4 Aiden Jones | 10 | Pierz | 12.07 | 12.02 | 4 | 5 |
| 5 Kellen Kinzer | 12 | St. Cloud Ca | 11.94 | 12.09 | 4 | 4 |
| 6 Cole Hwang | 11 | St. Cloud Ca | 12.25 | 12.34 | 4 | 3 |
| 7 Randy Barrett | 12 | Hinckley-Fin | 12.21 | 12.42 | 4 | 2 |
| 8 Logan Gross | 11 | Pierz | 12.64 | 12.43 | 3 | 1 |
| 9 Kayden Mullings | 8 | St. Cloud Ca | 12.57 | 12.47 | 3 | |
| 10 Ben Gray | 9 | Hinckley-Fin | 12.53 | 12.49 | 3 | |
| 11 Sean Fredrick | 9 | Hinckley-Fin | 12.61 | 12.87 | 3 | |
| 12 Joseph Kao | 7 | Rush City | 13.30 | 13.19 | 3 | |
| 13 Tim Plumski | 12 | Royalton | 13.32 | 13.20 | 3 | |
| 14 Samuel Morales | 9 | Rush City | 13.25 | 13.38 | 3 | |
| 15 Alyjah Neal | 7 | St. John's P | 14.27 | 13.49 | 2 | |
| 16 George Vue | 9 | Braham | 14.09 | 13.81 | 2 | |
| 17 Brody Magaard | 7 | Ogilvie | 14.38 | 13.84 | 2 | |
| 18 James Denzer | 11 | East Central | 14.04 | 14.29 | 3 | |
| 19 John Weidner | 7 | St. John's P | 15.04 | 14.89 | 2 | |
| 20 Adrian Gallagher-Mancini | 7 | St. John's P | 15.44 | 15.36 | 2 | |
| 21 Jackson Grover | 10 | East Central | 15.89 | 15.78 | 2 | |
| 22 Grady Bieniek | 7 | Royalton | 16.28 | 16.13 | 1 | |
| 23 Brandon Lund | 9 | Braham | 17.58 | 16.76 | 1 | |
| 24 Luke Rundquist | 7 | Royalton | 16.82 | 16.95 | 1 | |

Boys 200 Meter Dash

| Name | Year | School | Seed | Finals | H# | Points |
|-------------------|------|--------------|-------|--------|----|--------|
| 1 Jacob Eickhoff | 12 | St. Cloud Ca | 22.78 | 23.02 | 3 | 10 |
| 2 Patch Gustafson | 12 | East Central | 23.94 | 23.86 | 3 | 8 |
| 3 Andrew Thole | 12 | Rush City | 24.61 | 24.19 | 3 | 6 |
| 4 Aiden Jones | 10 | Pierz | 24.75 | 24.75 | 3 | 5 |

| | | | | | | | |
|----|--------------------------|----|--------------|-------|-------|---|---|
| 5 | Cole Hwang | 11 | St. Cloud Ca | 25.25 | 24.98 | 3 | 4 |
| 6 | Dylan Googins | 12 | Hinckley-Fin | 25.95 | 25.06 | 3 | 3 |
| 7 | Kayden Mullings | 8 | St. Cloud Ca | 25.23 | 25.50 | 3 | 2 |
| 8 | Chanse Clark | 11 | East Central | 26.94 | 25.73 | 2 | 1 |
| 9 | Isaac Eklund | 9 | Braham | 26.67 | 26.35 | 2 | |
| 10 | Logan Gross | 11 | Pierz | 26.51 | 26.50 | 2 | |
| 11 | Thomas Crue | 8 | St. John's P | 27.23 | 26.64 | 2 | |
| 12 | Sean Fredrick | 9 | Hinckley-Fin | 27.44 | 27.22 | 2 | |
| 13 | Caden Lucking | 9 | Pierz | 27.74 | 27.23 | 2 | |
| 14 | Liam Peterman | 9 | Northwest Ni | 28.88 | 28.35 | 1 | |
| 15 | Alyjah Neal | 7 | St. John's P | 28.82 | 28.53 | 2 | |
| 16 | George Vue | 9 | Braham | 29.38 | 29.02 | 1 | |
| 17 | Brody Magaard | 7 | Ogilvie | 32.06 | 30.30 | 1 | |
| 18 | Taylor Gleisner | 7 | Royalton | 27.71 | 30.40 | 2 | |
| 19 | Noah Brindamour | 11 | Hinckley-Fin | 29.34 | 30.80 | 1 | |
| 20 | Adrian Gallagher-Mancini | 7 | St. John's P | 33.98 | 32.53 | 1 | |
| 21 | Grady Bieniek | 7 | Royalton | 34.69 | 34.20 | 1 | |
| 22 | Brandon Lund | 9 | Braham | 39.33 | 36.49 | 1 | |
| -- | Nathan Hagle | 11 | Ogilvie | 25.39 | DNS | 3 | |

Boys 400 Meter Dash

| Name | Year | School | Seed | Finals | H# | Points |
|------|-------------------|--------|--------------|---------|---------|--------|
| 1 | Jacob Eickhoff | 12 | St. Cloud Ca | 50.66 | 50.49 | 3 10 |
| 2 | Derek Stangl | 12 | Pierz | 51.22 | 51.96 | 3 8 |
| 3 | Patch Gustafson | 12 | East Central | 53.74 | 52.78 | 3 6 |
| 4 | Isaac Westrum | 10 | Hinckley-Fin | 56.00 | 55.50 | 3 5 |
| 5 | Ramsey Keranen | 10 | East Central | 58.37 | 56.55 | 2 4 |
| 6 | Tanner Doble | 9 | Braham | 56.74 | 57.14 | 3 3 |
| 7 | Chanse Clark | 11 | East Central | 57.80 | 57.51 | 3 2 |
| 8 | Eli Psyck | 11 | Royalton | 56.19 | 57.85 | 3 1 |
| 9 | Zack Workman | 9 | Hinckley-Fin | 57.87 | 58.42 | 2 |
| 10 | Tyler Foss | 10 | Pierz | 56.10 | 59.22 | 3 |
| 11 | Cameron Thompson | 12 | St. John's P | 59.29 | 59.90 | 2 |
| 12 | Caden Lucking | 9 | Pierz | 1:00.56 | 1:01.41 | 2 |
| 13 | George Deedrick | 9 | Rush City | 1:03.00 | 1:02.68 | 2 |
| 14 | Jack Wieber | 9 | St. Cloud Ca | | 1:02.70 | 1 |
| 15 | Jarrett Thelen | 12 | St. Cloud Ca | 1:08.64 | 1:07.22 | 2 |
| 16 | Taylor Gleisner | 7 | Royalton | 1:07.54 | 1:10.39 | 2 |
| 17 | Josh Bergfalk | 7 | Rush City | 1:10.13 | 1:12.26 | 2 |
| 18 | Brody Magaard | 7 | Ogilvie | 1:12.40 | 1:14.60 | 1 |
| 19 | Christopher Novak | 12 | Royalton | 1:13.48 | 1:15.68 | 1 |

Boys 800 Meter Run

| Name | Year | School | Seed | Finals | H# | Points |
|------|--------------------|--------|--------------|---------|---------|--------|
| 1 | Zach Meyer | 11 | St. John's P | 1:58.84 | 2:00.02 | 2 10 |
| 2 | Mark Swanson | 10 | Northwest Ni | 2:03.18 | 2:01.78 | 2 8 |
| 3 | Owen Anderson | 11 | St. Cloud Ca | 2:12.75 | 2:05.36 | 2 6 |
| 4 | Chaz Psyck | 9 | Royalton | 2:17.10 | 2:07.38 | 2 5 |
| 5 | Owen Scanlon | 12 | St. Cloud Ca | 2:11.32 | 2:08.58 | 2 4 |
| 6 | Eli Psyck | 11 | Royalton | 2:16.79 | 2:14.07 | 2 3 |
| 7 | Isaak Coolidge | 11 | Braham | 2:13.98 | 2:15.27 | 2 2 |
| 8 | Michael Zimmerman | 12 | Royalton | 2:23.06 | 2:16.82 | 1 1 |
| 9 | Shaun Mahr | 10 | Northwest Ni | 2:17.06 | 2:16.97 | 2 |
| 10 | Leo Kramer | 11 | St. Cloud Ca | 2:22.63 | 2:19.13 | 1 |
| 11 | Aydin Bridges | 9 | Hinckley-Fin | 2:23.29 | 2:21.20 | 1 |
| 12 | Michael Westrich | 9 | Northwest Ni | 2:31.11 | 2:21.34 | 1 |
| 13 | Guy Clemons-Virnig | 10 | Pierz | 2:21.36 | 2:25.27 | 2 |
| 14 | Nolan Stiel | 9 | Hinckley-Fin | 2:32.77 | 2:28.25 | 1 |
| 15 | Beau Hudoba | 11 | Ogilvie | 2:31.52 | 2:29.22 | 1 |

| | | | | |
|------------------|--------------|---------|---------|---|
| 16 Zackary Welty | 9 Pierz | 2:33.08 | 2:30.05 | 1 |
| 17 Jesse Perell | 8 Rush City | 2:30.28 | 2:33.56 | 1 |
| 18 Carlos Quito | 10 Rush City | 3:25.15 | 3:27.63 | 1 |

Boys 1600 Meter Run

| Name | Year | School | Seed | Finals | H# | Points |
|----------------------|------|--------------|---------|---------|----|--------|
| 1 Mark Swanson | 10 | Northwest Ni | 4:24.72 | 4:31.19 | 2 | 10 |
| 2 Connor Hanson | 11 | St. Cloud Ca | 4:48.44 | 4:49.77 | 2 | 8 |
| 3 Nathan Tax | 9 | Pierz | 4:42.71 | 4:53.53 | 2 | 6 |
| 4 Will Vix | 9 | St. John's P | 4:51.45 | 4:55.79 | 2 | 5 |
| 5 Talon Baker | 10 | Ogilvie | 4:59.75 | 4:56.01 | 2 | 4 |
| 6 Shaun Mahr | 10 | Northwest Ni | 5:06.68 | 4:57.30 | 2 | 3 |
| 7 Brayden Ertz | 9 | Rush City | 5:07.32 | 5:04.92 | 2 | 2 |
| 8 Isaak Coolidge | 11 | Braham | 5:18.56 | 5:15.67 | 2 | 1 |
| 9 Wyatt Gerads | 10 | Royalton | 5:21.73 | 5:15.90 | 2 | |
| 10 Liam Scanlon | 9 | St. Cloud Ca | 5:11.67 | 5:16.65 | 2 | |
| 11 Lane Olson | 10 | Royalton | 5:21.41 | 5:17.14 | 2 | |
| 12 Beau Hudoba | 11 | Ogilvie | 5:29.24 | 5:21.64 | 1 | |
| 13 Michael Westrich | 9 | Northwest Ni | 5:19.19 | 5:22.94 | 2 | |
| 14 James Monson | 9 | Rush City | 5:30.39 | 5:26.61 | 1 | |
| 15 Ajay Amundson | 11 | St. Cloud Ca | 5:40.82 | 5:34.68 | 1 | |
| 16 Isaac Neutz | 12 | Royalton | 6:02.82 | 5:43.37 | 1 | |
| 17 Ivan Nechal | 8 | Rush City | 5:42.00 | 5:58.91 | 1 | |
| 18 McCoy Cooper | 11 | Hinckley-Fin | 6:09.24 | 6:05.50 | 1 | |
| 19 Austin Clennon | 12 | East Central | 6:01.87 | 6:32.46 | 1 | |
| 20 Matthew Masterson | 11 | Hinckley-Fin | 6:21.99 | 6:37.31 | 1 | |
| 21 Quinn Divine | 10 | Ogilvie | 6:24.59 | 6:40.98 | 1 | |
| 22 Brett Lund | 12 | Braham | 7:38.49 | 7:43.90 | 1 | |

Boys 3200 Meter Run

| Name | Year | School | Seed | Finals | Points |
|--------------------|------|--------------|----------|----------|--------|
| 1 Nick Hansen | 11 | St. John's P | 9:49.56 | 9:53.69 | 10 |
| 2 Griffen Ward | 11 | St. Cloud Ca | 10:07.18 | 10:16.04 | 8 |
| 3 Ethan Kowalczyk | 11 | Pierz | 10:26.36 | 10:29.38 | 6 |
| 4 Curtis McClain | 9 | East Central | 11:12.63 | 10:52.15 | 5 |
| 5 Wyatt Betsinger | 8 | Pierz | 11:32.70 | 10:54.87 | 4 |
| 6 Charlie Gundale | 10 | Northwest Ni | 10:58.48 | 10:59.89 | 3 |
| 7 Noah Winters | 9 | Northwest Ni | 11:44.16 | 11:11.53 | 2 |
| 8 Lane Olson | 10 | Royalton | 11:33.83 | 11:20.56 | 1 |
| 9 Lane McIntyre | 9 | St. John's P | 11:47.57 | 11:24.42 | |
| 10 Cooper Flaherty | 11 | St. Cloud Ca | 11:55.43 | 11:35.65 | |
| 11 James Monson | 9 | Rush City | 12:04.61 | 11:49.52 | |
| 12 Cody Bieniek | 9 | Royalton | 12:05.69 | 11:58.84 | |
| 13 Brett Penk | 10 | St. John's P | 12:14.69 | 11:59.13 | |
| 14 Grant Cvancara | 11 | St. Cloud Ca | 12:11.55 | 12:28.20 | |
| 15 Joseph Plotts | 9 | Northwest Ni | 12:21.54 | 12:54.03 | |
| 16 Ben Novak | 7 | Royalton | 12:53.21 | 12:57.24 | |

Boys 110 Meter Hurdles

| Name | Year | School | Seed | Finals | Points |
|-------------------|------|--------------|-------|--------|--------|
| 1 Nolan Anderson | 12 | Rush City | 15.48 | 15.46 | 10 |
| 2 Jonathan Cheney | 12 | Pierz | 15.26 | 15.58 | 8 |
| 3 Emanuel Kutzera | 12 | St. Cloud Ca | 15.74 | 15.87 | 6 |
| 4 Braden Niessen | 10 | Rush City | 19.02 | 17.83 | 5 |
| 5 Kaleb Poser | 8 | Pierz | 17.96 | 18.37 | 4 |
| 6 Connor Kruse | 12 | Pierz | 19.27 | 18.95 | 3 |
| 7 Kieran Tvedt | 9 | Hinckley-Fin | 20.48 | 19.63 | 2 |

Boys 300 Meter Hurdles

| Name | Year School | Seed | Finals | H# | Points |
|-------------------|-----------------|-------|--------|----|--------|
| 1 Emanuel Kutzera | 12 St. Cloud Ca | 41.28 | 41.28 | 2 | 10 |
| 2 Nolan Anderson | 12 Rush City | 41.30 | 41.48 | 2 | 8 |
| 3 Jonathan Cheney | 12 Pierz | 41.82 | 43.73 | 2 | 6 |
| 4 Gabe Fredrick | 11 Hinckley-Fin | 45.64 | 45.18 | 2 | 5 |
| 5 Kaleb Poser | 8 Pierz | 46.78 | 47.11 | 2 | 4 |
| 6 Braden Niessen | 10 Rush City | 45.82 | 47.16 | 2 | 3 |
| 7 Liam Peterman | 9 Northwest Ni | 49.73 | 48.33 | 2 | 2 |
| 8 Kieran Tvedt | 9 Hinckley-Fin | 49.84 | 48.54 | 1 | 1 |
| 9 Connor Kruse | 12 Pierz | 50.84 | 50.53 | 1 | |

Boys 4x100 Meter Relay

| School | Seed | Finals | Points |
|--|-------|--------|--------|
| 1 St. Cloud Cathedral 1) Kellen Kinzer 12 3) Michael Phan 11 | 46.68 | 46.24 | 10 |
| 2 Pierz 1) Kyle Stangl 10 3) Caleb Koch 10 | 46.81 | 47.58 | 8 |
| 3 Hinckley-Finlayson 1) Randy Barrett 12 3) Zack Workman 9 | 46.69 | 47.95 | 6 |
| 4 Rush City 1) Andrew Thole 12 3) Joseph Kao 7 | 50.67 | 50.22 | 4 |
| 5 Royalton 1) James Vannurden 12 3) Max Vannurden 8 | 51.57 | 51.75 | 3 |
| 6 St. John's Prep 1) Alyjah Neal 7 3) Adrian Gallagher-Mancini 7 | 57.00 | 56.08 | 2 |

Boys 4x200 Meter Relay

| School | Seed | Finals | Points |
|--|---------|---------|--------|
| 1 Pierz 1) Derek Stangl 12 3) Travis Gross 12 | 1:34.90 | 1:35.02 | 10 |
| 2 St. Cloud Cathedral 1) Cameron Ehlert 12 3) Blake Newiger 11 | 1:38.72 | 1:40.20 | 8 |
| 3 Hinckley-Finlayson 1) Bryan Blowers 12 3) Dylan Googins 12 | 1:42.42 | 1:43.79 | 6 |
| 4 Braham 1) Dominick Graves 12 3) Tanner Doble 9 | 1:46.00 | 1:48.43 | 4 |
| 5 Rush City 1) Levi Armstrong 12 3) Josh Bergfalk 7 | 2:01.29 | 2:01.99 | 3 |

Boys 4x400 Meter Relay

| School | Seed | Finals | Points |
|-----------------------|---------|---------|--------|
| 1 St. Cloud Cathedral | 3:27.89 | 3:27.13 | 10 |

| | | | | |
|-----------------------|-------------------------|---------|---|--|
| 1) Emanuel Kutzera 12 | 2) Benjamin Fromelt 12 | | | |
| 3) Henry Ebel 12 | 4) Jacob Eickhoff 12 | | | |
| 2 St. John's Prep | 3:30.43 | 3:28.41 | 8 | |
| 1) Henry Buehrer 11 | 2) Aaron Ruesink 11 | | | |
| 3) Benjamin Suo 10 | 4) Zach Meyer 11 | | | |
| 3 Rush City | 3:52.04 | 3:45.53 | 6 | |
| 1) Brayden Ertz 9 | 2) Devon Sheffield 12 | | | |
| 3) Braden Niessen 10 | 4) Nolan Anderson 12 | | | |
| 4 Pierz | 3:48.79 | 3:47.65 | 4 | |
| 1) Nathan Tax 9 | 2) Tyler Foss 10 | | | |
| 3) Kyle Stangl 10 | 4) Travis Gross 12 | | | |
| 5 Hinckley-Finlayson | 3:55.04 | 3:57.01 | 3 | |
| 1) Isaac Westrum 10 | 2) Gabe Fredrick 11 | | | |
| 3) Bryan Blowers 12 | 4) Randy Barrett 12 | | | |
| 6 Royalton | 3:52.41 | 3:58.48 | 2 | |
| 1) Isaac Neutz 12 | 2) Cole Hofstad 10 | | | |
| 3) Wyatt Gerads 10 | 4) Michael Zimmerman 12 | | | |
| 7 Braham | 3:55.00 | 3:58.86 | 1 | |
| 1) Isaac Eklund 9 | 2) John Cacioppo 10 | | | |
| 3) Isaak Coolidge 11 | 4) Tanner Doble 9 | | | |
| 8 East Central | 4:16.26 | 4:16.88 | | |
| 1) Austin Clennon 12 | 2) Cameron Oetterer 8 | | | |
| 3) Chanse Clark 11 | 4) Curtis McClain 9 | | | |

Boys 4x800 Meter Relay

| School | Seed | Finals | Points |
|--------------------------|-------------------------|----------|--------|
| 1 St. John's Prep | 8:20.64 | 8:17.71 | 10 |
| 1) Nick Hansen 11 | 2) Benjamin Suo 10 | | |
| 3) Aaron Ruesink 11 | 4) Zach Meyer 11 | | |
| 2 St. Cloud Cathedral | 8:17.00 | 8:24.92 | 8 |
| 1) Henry Ebel 12 | 2) Benjamin Fromelt 12 | | |
| 3) Andrew Uy 11 | 4) Griffen Ward 11 | | |
| 3 Royalton | 9:00.91 | 9:01.94 | 6 |
| 1) Cole Hofstad 10 | 2) Michael Zimmerman 12 | | |
| 3) Chaz Psyck 9 | 4) Eli Psyck 11 | | |
| 4 Pierz | 9:17.19 | 9:42.51 | 4 |
| 1) Guy Clemons-Virnig 10 | 2) Caden Lucking 9 | | |
| 3) Zackary Welty 9 | 4) Tyler Foss 10 | | |
| 5 Rush City | 10:37.84 | 9:43.99 | 3 |
| 1) Devon Sheffield 12 | 2) Braeden Rood 11 | | |
| 3) Jesse Perell 8 | 4) Brayden Ertz 9 | | |
| 6 Hinckley-Finlayson | 10:11.24 | 10:14.35 | 2 |
| 1) Aydin Bridges 9 | 2) Matthew Masterson 11 | | |
| 3) McCoy Cooper 11 | 4) Nolan Stiel 9 | | |

Boys High Jump

| Name | Year School | Seed | Finals | Points |
|--|-----------------|---------|---------|--------|
| 1 Nathan Zielinski | 12 East Central | 6-04.00 | 6-02.00 | 10 |
| 5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-04 | | | | |
| P P P O O XO XXO O XXX | | | | |
| 2 James Vannurden | 12 Royalton | 6-03.00 | 6-02.00 | 8 |
| 5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-04 | | | | |
| P P P O O O O XO XXX | | | | |
| 3 Jonathan Cheney | 12 Pierz | 6-03.00 | 6-00.00 | 6 |
| 5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 | | | | |
| P P P O O O XO XXX | | | | |
| 4 Max Vannurden | 8 Royalton | 5-10.00 | 5-10.00 | 4.50 |
| 5-00 5-02 5-04 5-06 5-08 5-10 6-00 | | | | |
| P O O O XXO XXO XXX | | | | |

| | | | | |
|------------------------------------|-----------------|---------|---------|------|
| 4 Ramsey Keranen | 10 East Central | 5-11.00 | 5-10.00 | 4.50 |
| 5-00 5-02 5-04 5-06 5-08 5-10 6-00 | | | | |
| P P XO O XO XXO XXX | | | | |
| 6 Paul Nieman | 8 Pierz | 5-08.00 | 5-06.00 | 3 |
| 5-00 5-02 5-04 5-06 5-08 | | | | |
| O XO XO XXO XXX | | | | |
| 7 Peyton Ammerman | 9 Hinckley-Fin | 5-06.00 | 5-04.00 | 2 |
| 5-00 5-02 5-04 5-06 | | | | |
| P O O XXX | | | | |
| 8 Braeden Rood | 11 Rush City | 5-01.00 | 5-02.00 | 1 |
| 5-00 5-02 5-04 | | | | |
| O XO XXX | | | | |
| 9 Robert Dorn | 12 St. Cloud Ca | 5-04.00 | 5-00.00 | |
| 5-00 5-02 | | | | |
| O XXX | | | | |
| -- Cameron Oetterer | 8 East Central | 4-06.00 | NH | |
| 5-00 | | | | |
| XXX | | | | |
| -- Kyler Panek | 12 Royalton | 4-10.00 | NH | |
| 5-00 | | | | |
| XXX | | | | |
| -- Kaleb Poser | 8 Pierz | 5-03.00 | NH | |
| 5-00 | | | | |
| XXX | | | | |
| -- Skyler Belsheim | 11 Braham | 5-08.00 | DNS | |

Boys Pole Vault

| Name | Year School | Seed | Finals | Points |
|--|-----------------|----------|----------|--------|
| 1 Blake Fleege | 11 St. Cloud Ca | 11-08.00 | 11-05.00 | 10 |
| 7-11 8-05 8-11 9-05 9-11 10-05 10-11 11-05 11-11 | | | | |
| P P P P P XO O XO XXX | | | | |
| 2 Owen Dick | 11 Rush City | 10-01.00 | 10-11.00 | 8 |
| 7-11 8-05 8-11 9-05 9-11 10-05 10-11 11-05 | | | | |
| P P P P O O O XXX | | | | |
| 3 Caleb Koch | 10 Pierz | 12-02.00 | 10-11.00 | 6 |
| 7-11 8-05 8-11 9-05 9-11 10-05 10-11 11-05 | | | | |
| P P P P P O XO XXX | | | | |
| 4 Robert Dorn | 12 St. Cloud Ca | 10-00.00 | 10-11.00 | 5 |
| 7-11 8-05 8-11 9-05 9-11 10-05 10-11 11-05 | | | | |
| P P O XXO O XXO XXO XXX | | | | |
| 5 William Kopka | 12 St. Cloud Ca | 10-00.00 | 9-11.00 | 4 |
| 7-11 8-05 8-11 9-05 9-11 10-05 | | | | |
| P P O O O XXX | | | | |
| 6 Levi Armstrong | 12 Rush City | 8-07.00 | 8-05.00 | 2.50 |
| 7-11 8-05 8-11 | | | | |
| XO O XXX | | | | |
| 6 Tanner Doble | 9 Braham | 9-00.00 | 8-05.00 | 2.50 |
| 7-11 8-05 8-11 | | | | |
| XO O XXX | | | | |
| 8 Wyatt Betsinger | 8 Pierz | 8-08.00 | 7-11.00 | 1 |
| 7-11 8-05 | | | | |
| O XXX | | | | |
| 9 John Cacioppo | 10 Braham | 9-00.00 | 7-11.00 | |
| 7-11 8-05 | | | | |
| XXO XXX | | | | |
| -- Dylan Googins | 12 Hinckley-Fin | 7-01.00 | NH | |
| 7-11 | | | | |
| XXX | | | | |
| -- Aydin Bridges | 9 Hinckley-Fin | 7-01.00 | NH | |
| 7-11 | | | | |
| XXX | | | | |

-- Dominick Graves 12 Braham 7-07.00 NH
 7-11
 XXX

Boys Long Jump

| Name | Year | School | Seed | Finals | H# | Points |
|--------------------|------|--------------|----------|----------|----|--------|
| 1 Nolan Anderson | 12 | Rush City | 20-06.25 | 19-10.00 | 2 | 10 |
| 2 Derek Stangl | 12 | Pierz | 20-01.00 | 18-11.00 | 2 | 8 |
| 3 Cameron Ehlert | 12 | St. Cloud Ca | 19-01.25 | 18-10.50 | 2 | 6 |
| 4 Randy Barrett | 12 | Hinckley-Fin | 18-05.00 | 18-09.00 | 2 | 5 |
| 5 Travis Gross | 12 | Pierz | 17-03.00 | 18-06.50 | 2 | 4 |
| 6 Isaac Westrum | 10 | Hinckley-Fin | 19-03.50 | 18-03.00 | 2 | 3 |
| 7 Michael Phan | 11 | St. Cloud Ca | 19-00.50 | 18-02.25 | 2 | 2 |
| 8 Ben Gray | 9 | Hinckley-Fin | 17-08.50 | 17-04.50 | 2 | 1 |
| 9 Nathan Zielinski | 12 | East Central | 18-05.50 | 17-04.25 | 2 | |
| 10 Paul Nieman | 8 | Pierz | 18-09.00 | 17-03.00 | 2 | |
| 11 Blake Newiger | 11 | St. Cloud Ca | 18-05.00 | 16-10.75 | 2 | |
| 12 Gavynn Reichel | 9 | East Central | 15-11.00 | 16-09.50 | 1 | |
| 13 Joseph Kao | 7 | Rush City | 15-05.50 | 15-03.00 | 1 | |
| 14 Thomas Crue | 8 | St. John's P | 14-07.50 | 14-05.25 | 1 | |
| 15 Brody Magaard | 7 | Ogilvie | 14-04.50 | 13-08.50 | 1 | |
| 16 Nathan Hagle | 11 | Ogilvie | 16-05.50 | 12-06.00 | 1 | |
| 17 Tim Plumski | 12 | Royalton | 14-06.50 | 12-05.75 | 1 | |
| 18 George Vue | 9 | Braham | 11-00.50 | 12-01.50 | 1 | |
| 19 Luke Rundquist | 7 | Royalton | 11-02.50 | 11-01.50 | 1 | |
| 20 Brandon Lund | 9 | Braham | 10-02.00 | 5-09.25 | 1 | |
| -- Gavin Skaja | 7 | Royalton | 13-07.00 | ND | 1 | |

Boys Triple Jump

| Name | Year | School | Seed | Finals | Points |
|--------------------|------|--------------|----------|----------|--------|
| 1 James Vannurden | 12 | Royalton | 40-10.50 | 39-09.50 | 10 |
| 2 Michael Phan | 11 | St. Cloud Ca | 39-03.25 | 39-06.25 | 8 |
| 3 Nathan Zielinski | 12 | East Central | 38-04.50 | 39-06.00 | 6 |
| 4 Peyton Ammerman | 9 | Hinckley-Fin | 36-05.00 | 36-08.00 | 5 |
| 5 Max Vannurden | 8 | Royalton | 37-02.00 | 36-05.50 | 4 |
| 6 Travis Gross | 12 | Pierz | 35-06.50 | 36-01.00 | 3 |
| 7 Blake Newiger | 11 | St. Cloud Ca | 35-11.50 | 35-08.50 | 2 |
| 8 Paul Nieman | 8 | Pierz | 36-03.00 | 35-07.25 | 1 |
| 9 Braeden Rood | 11 | Rush City | 35-04.25 | 34-06.50 | |
| 10 Zack Workman | 9 | Hinckley-Fin | 34-04.75 | 34-01.00 | |
| 11 Kieran Tvedt | 9 | Hinckley-Fin | 33-01.00 | 34-00.25 | |
| 12 Kyle Stangl | 10 | Pierz | 35-03.50 | 33-09.00 | |
| 13 Braden Niessen | 10 | Rush City | 35-01.00 | 33-08.00 | |
| 14 John Cacioppo | 10 | Braham | 33-00.00 | 33-03.50 | |

Boys Shot Put

| Name | Year | School | Seed | Finals | H# | Points |
|--------------------|------|--------------|----------|----------|----|--------|
| 1 Marcel Richey | 12 | Hinckley-Fin | 50-02.50 | 48-03.00 | 2 | 10 |
| 2 Ian Oberfeld | 12 | Pierz | 48-04.75 | 46-07.25 | 2 | 8 |
| 3 Crosby Keranen | 12 | East Central | 46-05.50 | 46-00.00 | 2 | 6 |
| 4 Wyatt Dingmann | 11 | Pierz | 44-09.00 | 45-04.75 | 2 | 5 |
| 5 Austin Pawlu | 10 | Pierz | 41-01.75 | 43-04.50 | 2 | 4 |
| 6 Kyler Panek | 12 | Royalton | 40-01.00 | 40-00.75 | 2 | 3 |
| 7 Isaac Brindamour | 10 | Hinckley-Fin | 40-06.75 | 37-11.50 | 2 | 2 |
| 8 Brandon Reuter | 11 | St. Cloud Ca | 33-00.00 | 36-03.75 | 1 | 1 |
| 9 Thomas Molin | 11 | Ogilvie | 31-04.75 | 33-02.00 | 1 | |
| 10 Devyn Klar | 12 | Hinckley-Fin | 34-00.00 | 30-09.00 | 2 | |

| | | | | | | |
|----|-------------------|----|--------------|----------|----------|---|
| 11 | Josh Bergfalk | 7 | Rush City | 31-03.00 | 29-02.00 | 1 |
| 12 | Jackson Grover | 10 | East Central | 31-03.00 | 29-01.50 | 1 |
| 13 | Nathan Pinson | 11 | East Central | 30-06.00 | 26-09.50 | 1 |
| 14 | Brett Lund | 12 | Braham | 25-10.50 | 25-05.00 | 1 |
| 15 | Christopher Novak | 12 | Royalton | 21-09.00 | 21-10.75 | 1 |
| 16 | Taylor Gleisner | 7 | Royalton | 19-08.00 | 18-02.25 | 1 |

Boys Discus Throw

| Name | Year | School | Seed | Finals | H# | Points |
|------|-------------------|--------|--------------|----------|--------|--------|
| 1 | Wyatt Dingmann | 11 | Pierz | 131-05 | 138-11 | 2 10 |
| 2 | Crosby Keranen | 12 | East Central | 128-07 | 130-00 | 2 8 |
| 3 | Marcel Richey | 12 | Hinckley-Fin | 133-00 | 129-05 | 2 6 |
| 4 | Ian Oberfeld | 12 | Pierz | 118-01 | 124-05 | 2 5 |
| 5 | Andrew Thole | 12 | Rush City | 111-11 | 117-00 | 2 4 |
| 6 | Lucas Kunstleben | 10 | Pierz | 118-04 | 113-09 | 2 3 |
| 7 | Evan Tetrault | 11 | St. Cloud Ca | 120-00 | 111-07 | 2 2 |
| 8 | Thomas Molin | 11 | Ogilvie | 96-08 | 98-01 | 2 1 |
| 9 | Austin Clennon | 12 | East Central | 95-03 | 95-06 | 1 |
| 10 | Holden Williams | 10 | Hinckley-Fin | 98-01 | 89-11 | 2 |
| 11 | Harrison Kreft | 11 | Hinckley-Fin | 95-08 | 88-09 | 2 |
| 12 | Josh Bergfalk | 7 | Rush City | 80-09 | 79-03 | 1 |
| 13 | Isaac Eklund | 9 | Braham | 82-03 | 75-11 | 1 |
| 14 | Brandon Reuter | 11 | St. Cloud Ca | 75-10 | 65-09 | 1 |
| 15 | Christopher Novak | 12 | Royalton | 55-11 | 50-08 | 1 |
| 16 | Brett Lund | 12 | Braham | 55-07 | 48-04 | 1 |
| 17 | Taylor Gleisner | 7 | Royalton | 53-01.50 | 44-08 | 1 |
| 18 | Henry Hofstad | 8 | Royalton | 46-01 | 43-01 | 1 |
| -- | James Denzer | 11 | East Central | 86-06 | ND | 1 |

Women - Team Rankings - 18 Events Scored

| | | | |
|-------------------------|-----|-----------------------|-----|
| 1) St. Cloud Cathedral | 171 | 2) Pierz | 150 |
| 3) Royalton | 67 | 4) Braham | 54 |
| 5) East Central | 44 | 6) Rush City | 43 |
| 7) Northwest Nighthawks | 41 | 8) Hinckley-Finlayson | 33 |
| 9) St. John's Prep | 27 | 10) Mille Lacs | 26 |
| 11) Ogilvie | 22 | | |

Men - Team Rankings - 18 Events Scored

| | | | |
|--------------------|-------|-------------------------|-------|
| 1) Pierz | 163 | 2) St. Cloud Cathedral | 151 |
| 3) Rush City | 81.50 | 4) Hinckley-Finlayson | 69 |
| 5) East Central | 68.50 | 6) Royalton | 51.50 |
| 7) St. John's Prep | 45 | 8) Northwest Nighthawks | 28 |
| 9) Braham | 13.50 | 10) Ogilvie | 5 |